



THE **protein** BAKERY

adding balance to your news...our tasty updates.

National Oatmeal Month

National Oatmeal Month is celebrated annually in January, the month when statistically, the most oatmeal is consumed. One of the many ways that Protein Bakery keeps its delicious, healthier alternative baked goods lower in carbohydrates and higher in fiber is the use of rolled oats in our recipes.

Last Chance for Pumpkin

The end of January signals the hibernation of our seasonal pumpkin flavors until fall 2008. Be sure to visit the seasonal page of our website to place your order for Pumpkin Walnut Chocolate Chip Cookies and Pumpkin Walnut Blondies before January 31.

Protein Bakery Seasonal Varieties

Protein Bakery on GlamNest

Esteemed stylish living blog, GlamNest, featured The Protein Bakery in a post on January 11. Living editor, Erika Lenkert sings the praises of our products and discusses how they fit into her own wheat-free lifestyle.

For the complete posting, please visit GlamNest.com online