



THE **protein** BAKERY

adding balance to your news....our tasty updates.

Valentine's Day Gift Options

February 14 may be the day of love, but it's also an exercise in willpower for the millions of Americans trying to live a healthier lifestyle. This year, navigate Cupid's maze of sugar and carbs armed with a healthier option. The Protein Bakery offers a variety of Valentine's Day themed gifts -- so whether you're looking to share at the office, surprise a spouse or even just treat yourself — our treats are perfect for spreading the love without the dollop of guilt.

Click [Here](#) to See Valentine's Day Gifts from The Protein Bakery