



THE **protein** BAKERY

adding balance to your news...our tasty updates.

KEEP IN THE LOOP

We know. You're busy. And because we value your time, we're searching for ways to fill our newsletters with only the tastiest information. Our productive summer brought lots of creative ideas that we'll be featuring only in here! From unique special offers, to holiday gift ideas, to original flavors of the month! Sign up a friend, and spread the health! Please keep us where we belong -- out of your spam folder and into your favorites. You're in ours!

[sign-up now!](#)

FIT TO PRINT

Unlike our famous protein-packed treats, some things are hard to swallow. Can you believe we're into our 9th whole(some) year of delicious-tasting guiltless baking? Not to mention we're closing in fast on being a staple for online baked goods, our flavors are still fresh as ever! Our bold ideas are not restricted to the kitchen; we invite you to see our new Look Book page and review our progress in print. It's black and white and ridiculous all over that time has flown by so quickly.

[look book](#)